

## SYLLABUS

COURSE # AND TITLE: Psyc120- Introduction to Psychology # OF CREDITS: 3

### CATALOG DESCRIPTION

Introduces students/ learners to the science of human behavior and mental processes. The course will survey contemporary research and theory in psychology with the goal of broadening the students understanding of self and others.

Semester Offered: Fall, Spring, Summer

Prerequisites: APEN 070+, APRD 058+

Corequisites: ENGL 095, RDNG 095

#### *Common Student Learning Outcomes*

*Upon successful completion of San Juan College programs and degrees, the student will....*

<i>Learn</i>	<i>Students will actively and independently acquire, apply and adapt skills and knowledge to develop expertise and a broader understanding of the world as lifelong learners.</i>
<i>Think</i>	<i>Students will think analytically and creatively to explore ideas, make connections, draw conclusions, and solve problems.</i>
<i>Communicate</i>	<i>Students will exchange ideas and information with clarity and originality in multiple contexts.</i>
<i>Integrate</i>	<i>Students will demonstrate proficiency in the use of technologies in the broadest sense related to their field of study.</i>
<i>Act</i>	<i>Students will act purposefully, reflectively, and respectfully in diverse and complex environments.</i>

### GENERAL LEARNING OBJECTIVES

1. Demonstrate an understanding of the major theories, terminology, principles, processes, and research methods in the various areas of psychology.
2. Develop the ability to gather information from multiple sources and synthesize this information.
3. Develop skills to critically evaluate psychological concepts and the influence of contextual factors including social class, ethnicity, and family processes.
4. Apply important psychological concepts to experiences encountered outside of the classroom.

## SPECIFIC LEARNING OUTCOMES

Upon successful completion of the course, the student will be able to ...

- 1. Demonstrate an understanding of the major theories, terminology, principles, processes, and research methods in the various areas of psychology.**
  - a. Evaluate the history and methods of psychology.
  - b. Describe the biological basis of behavior & mental processes.
  - c. Describe cognitive & learning processes which influence behavior.
  - d. Describe the developmental process from conception through death.
  - e. Demonstrate an understanding of various theories related to personality processes.
  - f. Demonstrate an understanding of various theories and approaches used in therapeutic settings to assist those experiencing problems and abnormal behavioral patterns.
  
- 2. Develop the ability to gather information from multiple sources and synthesize this information.**
  - g. Integrate ideas from the textbook, class discussions, Internet, and other sources to gain a further understanding of psychological principles.
  
- 3. Develop skills to critically evaluate psychological concepts and the influence of contextual factors including social class, ethnicity, and family processes.**
  - h. Evaluate the importance of psychology in regards to contemporary issues regarding women, minorities and a multicultural society.
  - i. Explore how gender & sexuality impact our lives.
  - j. Evaluate how special processes, interpersonal communication, and sociocultural diversity influence behavior and cognition.
  
- 4. Apply important psychological concepts to experiences encountered outside of the classroom.**
  - k. Describe the concept of “stress” and how it influences life styles and behavior.
  - l. Integrate and synthesize principles and theories learned in class to the “real world” e.g. through portfolios journals, essays, etc.

## COURSE GUIDE

### PSYCI20: Introduction to Psychology

MW: 8:30-9:45am (section 12, room 7225)

10:00-11:15am (section 14, room 7225)

11:30-12:45pm (section 17, room 7225)

#### Fall 2004

Sections: 12,14 & 17

Room: 7225

Instructor: **Ronald A. Salazar, Ph.D.**

Office Hours: TBA

Office Phone Number: 566-3241

Office: **Room 1845 Humanities**

E-mail: [salazarr@sanjuancollege.edu](mailto:salazarr@sanjuancollege.edu)

#### Textbook:

Myers, D.G., (2005). Exploring Psychology. Worth Pub., N.Y. (Required)

Internet site: <http://www.worthpublishers.com>.

**Internet activities will be introduced during class.**

#### Attendance:

**Attendance is mandatory!** Student must notify instructor 24 hours in advance if they plan on missing class. Attendance and class participation will be factored in when determining final grade.

#### Grading Policy:

Five multiple choice exams will be given throughout the semester. There will be 50 questions on each exam. Each exam is worth 50 points. (1pt. Per question).

The lowest of the five exams will be dropped. This may include the final exam if it is the lowest exam score. The final exam is not cumulative. In addition the student will earn additional points by writing reaction papers or doing homework projects on topics assigned by the instructor (50 points total). There may be extra bonus questions on the exam.

#### GRADING SCALE:

**4 exams = 50 points each (not including lowest exam score) x 4 = 200 points**

**+ Homework assignment/Reaction Papers = 50 points**

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<u>Grade</u>	<u>Points</u>	<u>Percent %</u>
A	250-225pts.	100-90%
B	224-200pts.	89-80%
C	198-175pts.	79-70%
D	174-150pts.	69-60%
F	149 & below	59% & below

INTRODUCTION TO PSYCHOLOGY

<b>WEEK</b>	<b>LECTURE/EXAMS</b>	<b>CHAPTER</b>
<b>1</b>	<i>Critically Thinking with Psychological Science</i>	1
<b>2 &amp;3</b>	<i>Neuroscience and Behavior/Nature vs. Nurture</i>	2,3
<b>3 &amp;4</b>	<i>The Developing Person</i> <b>EXAM #1 (Chapters 1&amp;2)</b>	4
<b>4 &amp;5</b>	<i>The Developing Person/ Sensation and Perception</i>	4 &5
<b>5&amp;6</b>	<i>Sensation &amp; Perception</i> <b>EXAM #2 (Chapters 4 &amp; 5)</b>	5
<b>6 &amp;7</b>	<i>States of Consciousness/ Learning</i>	6 & 7
<b>8</b>	<i>Learning/ Memory / Thinking &amp; Intelligence</i> <b>EXAM #3 (Chapters 6, 7 &amp; 8)</b>	7, 8 & 9
<b>9 &amp;10</b>	<i>Thinking and Intelligence/ Motivation</i>	9 & 10
<b>11 &amp;12</b>	<i>Personality/Emotions, Stress &amp; Health</i>	11& 12
<b>13 &amp;14</b>	<i>Psychological Disorders/ Therapy</i> <b>EXAM #4 (Chapters 9,10 &amp; 12)</b>	13 & 14
<b>15</b>	<i>Social Psychology</i>	15

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FINAL EXAMINATION  
( Chapters 13, 14 & 15)