

and blending of sounds into symbols to form words. Designed for those fluent in spoken Navajo but lacking skills in reading and writing the phonetically written language. Prerequisite: NAVA 112 or permission of instructor. Semester offered: On Demand.

**NAVA-120 Intermediate Navajo** 3 cr.  
Conversation from suggested topics and discussions of current events are an integral part of the course. Primarily for native speakers who need to improve their communication skills. Prerequisite: NAVA 112 or permission of instructor. Semester offered: On Demand.

**NAVA-261 Navajo Oral Tradition and Styles** 3 cr.  
Examines philosophical thoughts discussed by Navajo elders by listening to and analyzing various oral styles including storytelling, oratory, prayers, and lectures. English and Navajo instruction. Offered in collaboration with Dine College (NIS 261). Semester offered: Fall, Spring.

## NAVAJO/NATIVE STUDIES

**NNST-285 Capstone Project in NNST** 1-4 cr.  
Ties together the broad themes and issues addressed in the Native/Navajo Studies concentration. Students will either produce a substantial research paper or conduct an applied research/service learning project in collaboration with a native community. Research must be supervised by Native/Navajo Studies faculty. Required of all students who graduate with this concentration. Prerequisite: 12 credits under the Native/Navajo Studies concentration. Semester offered: Arranged.

## NURSING

**NURS-110 Nursing Concepts and Practice I** 9 cr.  
Introductory course to basic nursing concepts. The constructs that are woven throughout this course are stress and adaptation, caring and the eight core competencies of the Associate Degree nurse: professional behavior, communication, assessment, clinical decision making, caring interventions, teaching and learning, collaboration, and managing care. Clinical opportunities are designed to facilitate application of theoretical concepts through care of diverse populations in a variety of settings. Prerequisites: Admission to the Nursing Program, PSYC 120, BIOL 252. Corequisites: HLTH 118, BIOL 253. Semester Offered: Fall

**NURS-113 Advanced Placement Credit Nursing 110** 7-9 cr.  
Allows the licensed practical nurse (LPN) or transfer nursing student to receive transfer credit hours for courses taken either in his/her practical nursing or associate degree/baccalaureate degree nursing program. Credit hours awarded will be determined by the nursing department administration based upon transcript evaluation and scores achieved in the Assessment Technologies Institute (ATI) RN content Mastery Series: Fundamentals of Nursing Practice.

**NURS-130 Nursing Concepts and Practice II** 8 cr.  
This course introduces students to the specialized nursing care of pediatric and maternity clients and their families. The core constructs of the course are stress and adaptation, caring, and the eight competencies of Associate Degree nurses as they apply to this client population. The constructs and competencies are woven throughout the course

content. Clinical opportunities are designed to facilitate application of theoretical concepts through care of diverse populations of pediatric and maternity clients and their families in a variety of acute and community health care settings. Prerequisites: NURS 110, BIOL 253, HLTH 118. Corequisites: ENGL 111, PSYC 230. Semester Offered: Spring.

**NURS-132 Advanced Placement Credit for Nursing 130** 5-7 cr.  
Allows the licensed practical nurse (LPN) or transfer nursing student to receive transfer credit hours for courses taken either in his/her practical nursing or associate degree/baccalaureate degree nursing program. Credit hours awarded will be determined by the nursing department administration based upon transcript evaluation and scores achieved in the Assessment Technologies Institute (ATI) RN Content Mastery Series: Nursing Care of Children and Maternal Newborn Nursing.

**NURS-135 Nursing Externship** 4 cr.  
Optional clinical course in which students are assigned to a clinical unit at SJRMC for three eight-hour days or two 12-hour days per week. Students are partnered with one to three SJRMC nurses who have been especially chosen to assist students in their learning experience. Focus is to develop student competency by providing supervised patient care opportunities. Prerequisites: NURS 130, ENGL 111, PSYC 230. Semester offered: Summer.

**NURS-205 Transition for Advanced Placement** 1-6 cr.  
This course is required for all LPN's/LVN's and appropriate transfer students. Content includes philosophy, theoretical constructs, outcomes of the nursing program, LPN to RN role transition within the context of stress and adaptation, caring and Associate Degree core competencies. Previous learning is evaluated. Prerequisites: PSYC 120, PSYC 230, BIOL 252, BIOL 253, HLTH 118, ENGL 111, BIOL 224 and elective. Corequisite: NURS 208, BIOL 224 and NURS 210. Semester offered: Fall.

**NURS-208 Nursing Pharmacology** 3 cr.  
This course explores pharmacology as therapy to prevent, minimize and treat physiological and psychosocial client stressors and to promote client adaptation to those stressors. Course emphasizes the associate degree competencies of the nurse in assessment, clinical decision-making, caring interventions, teaching and learning, and managing care. Prerequisites: NURS 130, BIOL 224, PSYC 230, ENGL 111 and elective. Corequisites: ENGL 211 or 218 and NURS 210. Semester Offered: Fall.

**NURS-210 Nursing Concepts and Practice III** 9 cr.  
Examines the client's stressors and adaptive mechanisms. Through use of communication skills, caring behavior, assessment, and clinical decision-making, the student assists the client in adaptation to mental and physical stressors. Prerequisites: NURS 130, BIOL 224, PSYC 230, ENGL 111, and elective. Corequisites: NURS 208, ENGL 218 or ENLG 211. Semester offered: - Fall.

**NURS-220 Nursing Concepts and Practice IV** 8 cr.  
Continuation of NURS 210. Prepares the nursing student to integrate core constructs and eight competencies into conceptual mastery and clinical practice in nursing. These constructs and competencies are advanced to prepare the student as an entry level practitioner. Clinical

settings include acute, emergency, and intensive care, as well as public, home and mental health agencies, and outpatient community facilities. Prerequisites: ENGL 218 OR 211, NURS 208, NURS 210. Corequisite: NURS 225.

**NURS-225 Transition to Professional Nursing** 1 cr.  
What it means to be a “professional nurse” in a changing health care environment. Students will be exposed to pertinent issues and trends. Theoretical course content includes professional integrity, ethical thinking in beginning practice, legal responsibilities, lifelong learning as well as politics in nursing practice and patient advocacy as related to quality of care and fiscal responsibility, dealing with difficult people, the change process and self-care strategies. Prerequisites: NURS 210, NURS 208, and ENGL 218 or ENGL 211. Corequisites: NURS 220. Semester offered: Spring.

**NURS-230 Preceptorship** 4 cr.  
This course assists the student in the transition from student to staff nurse by integrating theory and skill within a supportive environment. The student will synthesize all concepts and theories learned in the previous nursing courses, as the student assists the client in adaptation to mental and physical stressors. In addition, the student will demonstrate the ability to manage client care under the supervision of an assigned R.N. preceptor. The student will work a “full-time” schedule with the assigned preceptor and the hours may vary. Prerequisites: NURS 110, NURS 130, NURS 208, NURS 210, NURS 220 and NURS 225. Semester Offered: Spring.

## **OCCUPATIONAL SAFETY (SEE SAFETY)**

## **OUTDOOR LEADERSHIP AND RECREATION**

**OLER-120 Challenge Course I (low)** 3 cr.  
This course is designed to introduce students to the design and application of a challenge course, and to train students in the technical skills required to instruct and sequence various activities on Low Challenge Courses. Combines classroom lecture with experiential learning on San Juan College’s High Endeavors Challenge Course. Does not meet Physical Education activity requirement for AA degree. Semester Offered: Fall and Summer.

**OLER-130 Wilderness and Environmental Ethics** 2 cr.  
Overview of ethical practices and behavior for anyone utilizing wilderness resources. Topics of study will include low impact camping and traveling methods, history of environmental and wilderness ethics, and current issues in the outdoor recreation industry. Upon successful completion of course student will be a Leave-No-Trace Trainer. This course does not meet Physical Education activity requirement for AA degree. Semester Offered: Fall.

**OLER-140 Wilderness Pursuits** 2 cr.  
Introductory level course with a focus on developing skills related to planning, organizing and executing backcountry outings. This course will be experiential, in that students will practice skills both in the

classroom and during field time. Students will apply their learning directly by planning and participating in a backpacking expedition. Semester Offered: Fall.

**OLER-150 Wilderness First Aid** 1 cr.  
This class goes beyond that of traditional first aid in that it addresses how to handle medical situations in remote wilderness settings. Upon successful completion, student will be certified in Wilderness First Aid. Does not meet Physical Education activity requirement for AA degree. Semester Offered: Fall.

**OLER-155 Intro to Gym Climbing** 1 cr.  
For the beginning climber or one who wants a review of the basics of climbing in an indoor climbing gym. This course will cover the topics and skills necessary to safely Boulder, Top Rope, and Lead climbing at the HHPC Climbing Facility. Physical participation is required and students are encouraged to work at their own pace. This course is suitable for all ability levels. Meets Physical Education activity requirement for AA degree. Semester Offered: Fall and Spring.

**OLER-156 Rock Climbing** 2 cr.  
This course covers the fundamentals of rock climbing. Students will experience climbing at the SJC HHPC Indoor Climbing Facility and outdoor locations, learning equipment selection and usage, belay techniques, anchor systems and climbing skills. Meets Physical Education activity requirement for AA degree. Semester Offered: Fall.

**OLER-157 Sport Climbing** 1 cr.  
Designed for the experienced climber who wishes to gain the knowledge and skills for lead climbing in an indoor and outdoor setting. This course will cover the topics and skills necessary to safely LEAD climb at the HHPC climbing wall. This course is designed to improve climbing ability and fitness level. Meets Physical Education activity requirement for AA degree. Prerequisites: OLER 155, OLER 156 or permission of program coordinator. Semester Offered: Spring.

**OLER-161 Winter Backcountry Travel** 2 cr.  
This course is designed to cover the skills necessary for extended winter camping and travel in the backcountry on snowshoes or backcountry/telemark skis. Meets Physical Education activity requirement for AA degree. Semester Offered: Spring.

**OLER-163 Avalanche Clinic** 1 cr.  
This course is designed to teach the basics of the avalanche phenomenon. Students will learn how to recognize potential hazards and how to evaluate snow pack conditions. Upon successful completion of course, student will receive an Avalanche Level One (1) certification. This course does not meet Physical Education activity requirement for AA degree. Semester offered: Spring.

**OLER-165 Mountaineering** 2 cr.  
Introduces the experienced backpacker to the basic skills of high alpine technical mountaineering. Topics include the alpine environment, route finding and navigation and more. Meets Physical Education activity requirement for AA degree. Semester Offered: Spring.