

## PHYSICAL EDUCATION

### Associate of Arts

The Associate of Arts degree is intended for transfer to a four-year baccalaureate granting institution. Students intending to transfer or pursue a particular course of study are strongly encouraged to check with their advisor and carefully coordinate their course work at San Juan College with the requirement of the transfer institution. A grade of C or better is required in all courses.

<b>Communications</b>		<b>Credits</b>
ENGL 111	Freshman Composition	3
ENGL 211	Advanced Composition	3
COMM 110	Public Speaking <b>OR</b>	
COMM 111	Interpersonal Communication	3
<b>Total Communications Credits</b>		<b>9</b>
<b>Mathematics</b>		<b>Credits</b>
MATH 160	College Algebra	3
MATH 251	Statistics	4
<b>Total Mathematics Credits</b>		<b>7</b>
<b>Laboratory Science</b>		<b>Credits</b>
CHEM 111	General Chemistry I	4
BIOL 121	Introductory Biology I	4
BIOL 252	Human Anatomy and Physiology I	4
BIOL 253	Human Anatomy and Physiology II	4
PHYS 211/L	General Physics I w /Lab	4
<b>Total Laboratory Science</b>		<b>20</b>
<b>Social and Behavioral Sciences</b>		<b>Credits</b>
PSYC 120	Introduction to Psychology	3
SOCI 110	Introduction to Sociology	3
<b>Total Social and Behavioral Sciences</b>		<b>6</b>
<b>Humanities and Fine Arts</b>		<b>Credits</b>
ARTS 110	Orientation in Art	3
History	HIST 121, 122, 211 <b>OR</b> 212	3
Music	MUSI 110, 111, 112, 114, 130 <b>OR</b> 131	3
Philosophy	110 <b>OR</b> 115	3
<b>Total Humanities and Fine Arts</b>		<b>12</b>
<b>Health and Physical Education</b>		<b>Credits</b>
PHED 125/ HLTH 150	Personal Health and Wellness	3
PHED 113	Introduction to Personal Training	3
PHED 138	Weight Loss/Weight Training/Nutrition	3
PHED 155	First Aid/CPR	2
<b>Total Health and Physical Education Credits</b>		<b>11</b>
<b>Required Physical Education Activity Classes</b>		<b>Credits</b>
PHED 123	Swimming	1

One Team Sport:		
PHED 182	Basketball I <b>OR</b>	
PHED 282	Basketball II	1
PHED 188	Volleyball I <b>OR</b>	
PHED 288	Volleyball II	1
Two of the following Group Exercise Classes:		
	PHED 119,127, 132, 144, 145	2
	Can choose one dance class as an option for one group exercise class	
<b>Total Physical Education Activity Credits</b>		<b>5</b>
<b>Total Credit Hours</b>		<b>70</b>

If specializing please see advisor about these classes:

Exercise and Wellness	HLTH-118 Intro to Nutrition
Physical Education/Coaching	PHED-137 Weight Training
Athletic Training	BIOL-224 Microbiology
Exercise Science	HLTH-118 Intro to Nutrition

## PSYCHOLOGY

### Associate of Arts

The Associate of Arts degree is intended for transfer to a four-year baccalaureate-granting institution. Those wishing to transfer and pursue a degree program in Psychology are strongly encouraged to check with their advisor and carefully coordinate their coursework at San Juan College with the requirements of the transfer institution. In general, however, it is suggested that students complete the New Mexico Transfer Module as outlined below. A grade of C or better is required in all Psychology core and elective courses.

General Education Courses	Credits
General Education Requirement for Associate of Arts - See page 107	
<b>Total General Education Credits</b>	<b>35</b>
<b>Additional General Education Requirements for this Program:</b>	
<b>Fine Arts</b>	<b>3</b>
Select 1-three credit course from the following: Art, Theatre, Creative Writing, and Photography <b>OR</b> three 1-credit Applied Music courses.	
<b>Sciences</b>	<b>3</b>
One general science from a subject area not used to fulfill the laboratory science requirement, i.e., Astronomy, Biology, Chemistry, Computer Science, Geology, and Physics. Students may also take PSYC-245 Brain and Behavior <b>OR</b> PSYC-246 Drugs and Behavior. Check with your transfer institution on whether these Psychology classes will count as a science requirement. The following applied computer courses will <b>NOT</b> meet this requirement: COSC 116, 125, 135, 185, 214, 223, and 225.	
<b>Psychology Core Program Courses</b>	<b>30</b>
PSYC 120 Introduction to Psychology	3
PSYC 210 Statistics for Social and Behavioral Science	3
PSYC 230 Human Development	3
PSYC 240 Social Psychology	3

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