

**SAN JUAN COLLEGE
HEALTH AND HUMAN PERFORMANCE CENTER
CLIMBING FACILITY**

RULES AND REGULATIONS

- All general HHPC policies apply.
- All climbers must complete a waiver & assumption of risk form. If under 18, a parent or legal guardian must sign this form.
- All climbers are **required** to wear closed toe and heel shoes while climbing. Climbing without shoes on is prohibited.
- All climbers climb at *their own risk* and are responsible for themselves and their children at all times.
- Hanging on quick draws is NOT permitted.
- Swinging or climbing on ropes is NOT permitted.
- Minors should boulder to the height of the lowest (brown) lizard; adults to the height of the higher (green) lizard.
- If climbers are less than 14 years of age, they must be accompanied by a parent or guardian.
- Climbers must be at least 14 years of age to belay.
- Climbers must be at least 5 years of age to climb.
- In order to Top Rope belay and Lead Climb and belay, and/or use facility equipment climbers must have a current certification test on file indicating they have passed for either top rope or lead climbing.
- Climbers will be tied in to the rope with a figure eight follow through knot and a double overhand knot.
- Helmets are required for all climbing unless the helmet waiver is signed.
- Lead climbers must use adequate and safe precautions to prevent the possibility of a ground fall at all times. Lead climbing must use only the fixed protection and HHPC Climbing Facility lead ropes.
- No hazardous jewelry or other sharp objects are permitted during climbing.
- Proper climbing gear must be worn and used at all times. Climbing facility staff must approve all personal gear.
- **Figure 8 rappel devices cannot be used as belay devices.**
- Courtesy of others and use of appropriate language is expected.
- Climbing wall staff is certified to teach Top Rope Belay skills and will be happy to help any climber learn to Top Rope Belay.
- Climbers who want to learn to Lead Climb and Belay can ask staff and if certified, staff will be happy to assist. If staff is not certified to teach Lead Climbing and Belaying, the schedule can be checked for times/days when certified staff is working.
- All accidents or equipment damage must be reported immediately.
- San Juan College reserves the right to withdraw the climbing privileges of any individual, permanently or for a specified period of time, for failure to follow the Climbing Facility Rules and Regulations or for any conduct that is viewed as unsafe or inappropriate.