San Juan College
Allied Health Department
OUTDOOR LEADERSHIP & RECREATION PROGRAM

Course Syllabus

OLER 120
Introduction to Experiential Education
Credit Hours: 3

Catalog Description:
This course is designed to introduce students to the concepts and theories of Experiential Education. The class will investigate how Experiential Education theories pertain to traditional education and the use of adventure education and challenge courses. The class will train students in the technical and facilitation skills required to instruct and sequence various activities on the Low Challenge Course. The course will combine classroom lecture with experiential learning. Students will gain an understanding of the history and evolution of challenge course design and purpose. Additionally, individual element description and safety, activity introduction and framing, spotting techniques, instructor awareness, activity variations, and introductory processing skills will be covered during this course.

Does not meet Physical Education activity requirement for AA degree.
Semester Offered: Fall
Prerequisites: None

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<tr>
<th>Common Student Learning Outcomes</th>
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<tbody>
<tr>
<td>Learn</td>
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<tr>
<td>Students will actively and independently acquire, apply and adapt skills and knowledge to develop expertise and a broader understanding of the world as lifelong learners.</td>
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<tr>
<td>Think</td>
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<td>Students will think analytically and creatively to explore ideas, make connections, draw conclusions, and solve problems.</td>
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<tr>
<td>Communicate</td>
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<td>Students will exchange ideas and information with clarity and originality in multiple contexts.</td>
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<td>Integrate</td>
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<td>Students will demonstrate proficiency in the use of technologies in the broadest sense related to their field of study.</td>
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<tr>
<td>Act</td>
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<td>Students will act purposefully, reflectively, and respectfully in diverse and complex environments.</td>
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General Learning Outcomes:
1. To introduce students to the historical and philosophical evolution of the modern day challenge course.
2. To introduce students to the design and application of a challenge course.
3. To qualify students to safely and effectively sequence and facilitate activities on the low challenge course.
4. To introduce students to introductory processing skills as it relates to the challenge course.
5. To introduce students to the policies and procedures of the High Endeavors Challenge Course.

Specific Learning Outcomes:
Upon successful completion of the course, the student will be able to …

1. Define experiential education, adventure education, challenge by choice, and the experiential learning cycle.
2. Discuss the history and evolution of the challenge course.
3. Discuss the concept of the challenge course and its application to today’s society.
4. Demonstrate for each low challenge course element at the High Endeavors Challenge Course technical skills to include: teaching spotting techniques, setting up element equipment, instructor positioning during activity participation, (List these).
5. Demonstrate for each low challenge course element at the High Endeavors Challenge Course the following: element description and safety, element introduction and framing, spotting techniques, instructor awareness, and element variations.
6. Demonstrate introductory processing skills for low challenge course elements.
7. Demonstrate the safe facilitation of an appropriate sequence of low challenge course elements.
8. Complete the necessary paperwork and documentation for a group program at the High Endeavors Challenge Course.

ACCOMODATIONS STATEMENT:
Students who need accommodations (i.e., note taker, interpreter, special seating, etc.) need to provide accommodation notices to the instructor. Students can contact the Students with Disabilities on Campus (SDOC) Coordinator in the Counseling Center, located in the Clock tower Building, to make arrangements and provide documentation in accordance with the Americans with Disabilities Act of 1990.

Syllabus developed by ____________________ Date: _____________________
Syllabus reviewed by ____________________ Date: _____________________