Hotlines

Crisis Text Line --- Text “START” to 741741

Suicide Crisis Hotline --- 1-800-273-8255

Local Phone Resources

- Family Crisis Center (Domestic Violence Agency)
  - 505 564-9192
- Sexual Assault Services of Northwest New Mexico
  - 505 326-4700
  - www.sasnwnm.org

National Phone Resources

- Boys Town
  - 1-800-448-3000 (24/7)
  - Live Chat with Boys Town (Monday-Thursday, 9pm-12pm EST)
  - Email Boys Town
- National Suicide Prevention Lifeline
  - 1-800-273-8255 (24/7) Press 1 for Veterans line
- Disaster Distress Helpline
  - 1-800-985-5990
  - TTY for Deaf/Hearing Impaired: 1-800-846-8517
- loveisrespect
  - 1-866-331-9474/tty: 1-866-331-8453 (24/7)
  - Live Chat with loveisrespect (7 days/week, 5pm-3am EST)
- National Domestic Violence Hotline
  - 1-800-799-7233 (24/7)
  - Email the National Domestic Violence Hotline (24/7)
- RAINN: Rape, Abuse and Incest National Network
  - 1-800-656-4673 (24/7)
  - Live Chat with RAINN (24/7)
- National Sexual Assault Hotline
  - 24-hour online hotline: https://ohl.rainn.org/online/

Human Trafficking
• National Human Trafficking Resource Center
  o 1-888-373-7888

Child Abuse

• USA National Child Abuse Hotline
  o 1-800-422-4453 (24/7)

Runaways

• National Runaway Safeline
  o 1-800-786-2929 (24/7)
  o Live Chat with National Runaway Safeline (5:30pm – 12:30am EST)

Eating Disorders

• National Eating Disorders Association
  o 1-800-931-2237 (Monday-Friday, 11:30 am-7:30 pm EST)
• ANAD: National Association of Anorexia Nervosa and Associated Disorders
  o 630-577-1330 (Monday-Friday, 12 pm-8 pm EST)
  o Email ANAD

Cutting/Self Injury

• Safe Alternatives
  o Email SAFE Alternatives for information on seeking help
  o Call 800-366-8288 for information on seeking help

Support for Gay, Lesbian, Bisexual and Transgender (GLBT) Youth

• GLBT National Youth Talk
  o Call 1-800-246-7743 (Monday-Friday, 4pm-12 am EST/Saturday, 12pm-5pm EST)
  o Email the GLBT National Youth Talk
• The Trevor Project
  o Call 866-488-7386 (24/7)
  o Live Chat with the Trevor Project (Fridays 4pm- 5pm EST)

Reproductive Health

• Planned Parenthood
  o 1-800-230-7526
  o Live Chat
• STI Resource Center
  o Call 919-361-8488 (Monday-Friday, 8:00 am-6:00 pm EST)
Veterans

- Veterans Crisis Line
  - Call 1-800-273-8255 (24/7)
  - Live Chat with the Veterans Crisis Line (24/7)

Bereaved by Suicide

- American Foundation of Suicide Prevention https://www.afsp.org/
- The American Association of Suicidology http://www.suicidology.org/